

# ***HTF 2010 National Championships***

**Saturday – June 26, 2010**

**Edmonds Woodway High School  
7600 – 212<sup>th</sup> St SW  
Edmonds, WA 98036**



***Taekwondo Demonstration***

**Idaho Masters Demonstration**

***Board Breaking for ALL RANKS and Ages  
Padded Weapons Competition  
Demo Team Competition***

***(See Inside For Additional Information)***

**SCHEDULE:**

Black Belt Test (Friday)	7:30 pm
Registration	7:30 am
Black Belt Meeting	8:00 am
Line-Up/Bow-In	8:45 am
Opening Ceremonies	9:00 am
Introductions	
Awards Presentation	
Taekwondo Demo	
Competition Begins	
12 yrs – Under	10:00 am
13-15 yrs & Women	12:30 pm
16 – Older	2:30 pm

**FEES:**

Pre-Registration	\$50.00
Late Registration	\$60.00
Kinderkicks	\$35.00
KK Late Registration	\$40.00
Board Breaking	\$25.00
Weapons	\$25.00
Demo Team (each)	\$15.00
Spectators:	
13 yrs – Older	\$ 6.00
4-12 yrs	\$ 4.00
3 yrs – Under	FREE

**BLACK BELT COMPETITION SCHEDULE:****Round #1 (10:00 am)**

1 <sup>st</sup> -2 <sup>nd</sup> Degree	12 yrs & under
3 <sup>rd</sup> Degree Men	31 yrs-under
4 <sup>th</sup> Degree Men	31 yrs-under

**Round #3 (2:30 pm)**

1 <sup>st</sup> Degree Men	16-31 yrs
2 <sup>nd</sup> Degree Men	16-31 yrs
1 <sup>st</sup> -2 <sup>nd</sup> Degree Men VIP	32-41 yrs
1 <sup>st</sup> -2 <sup>nd</sup> Degree Men Silver	42 yrs-over

**Round #2 (12:30 pm)**

1 <sup>st</sup> -3 <sup>rd</sup> Degree	13-15 yrs
1 <sup>st</sup> -4 <sup>th</sup> Degree Women	16 yrs-over
1 <sup>st</sup> -4 <sup>th</sup> Degree Wm VIP/Silver	32 yrs-over
3 <sup>rd</sup> -4 <sup>th</sup> Degree Men VIP	32-41 yrs
3 <sup>rd</sup> -4 <sup>th</sup> Degree Men Silver	42 yrs-over

**Round #3 (2:30 pm)**

Masters-5 <sup>th</sup> Degree-Above	40 yrs-under
Masters-5 <sup>th</sup> Degree-Above	41 yrs-older

Special Note: The above divisions serve only as a guideline to report to the staging area. Divisions will be determined according to rank, age, and size.

**BLACK BELT TESTING:** Testing will be conducted at the tournament site Friday evening.

**MANDATORY BLACK BELT MEETING:**

All Black Belts are required to attend this meeting at 8:00 am, Saturday morning. The meeting will cover tournament rules, ring assignments, and events of the day.

**AWARDS:**

There will be 1<sup>st</sup>, 2<sup>nd</sup>, and two (2) 3<sup>rd</sup> place trophies for forms and one-steps or sparring. All children 12 years and under, who do not place in forms or sparring, will receive a 4<sup>th</sup> place victory trophy.

**DIVISIONS:**

Divisions are determined by rank first; then age, height, and weight. In some cases there may be a child or junior that is extremely big for their age. If so, that person may be required to compete in the next higher age group. This decision is based on safety.

**KINDERKICKS DIVISION:**

Many schools have some type of Kinderkicks program or Little Tigers or Dragons (4-6 year olds). Many of these programs do not use standard patterns or forms, but practice blocking, striking, and kicking. Our association has created special divisions for them. This gives them the opportunity to complete.

Competitors will demonstrate the following and are judged as if competing in forms. The judges will demonstrate and explain the rules to the competitors at the beginning of competition.

Beginners (up to 6 months training): 5 jumping jacks, 5 punches (middle stance), 5 high blocks (middle stance), 5 front kicks (front stance), and a Kihap (yell).

Advanced (more than 6 months of training): 5 jumping jacks, 5 spearhand strikes (middle stance), 5 inner forearm blocks (middle stance), 5 outer crescent kicks (front stance), and a Kihap.

### **BOARD BREAKING COMPETITION:**

There are board breaking divisions for **ALL RANKS and AGES. National Board Breaking Champion is reserved for Black Belts Only.** Competitors will receive medals as awards. There is only one 3<sup>rd</sup> place.

### **H.T.F. NATIONAL CHAMPION COMPETITION:**

National Champions will be for Black Belt competitors only. National Champions will be determined by competition among first place winners. If there are two or more divisions during preliminary eliminations, all first place winners will compete in the evening finals. Forms and sparring are separated divisions. If there is only one division, the first place winners of forms and sparring will be declared the National Champion. National Champions include board breaking competition. National Champion will receive Olympic size gold medals. Additionally, winners will receive an H.T.F. National Champion Patch and/or chevron for that year. The patch is required to be worn on the upper right sleeve of their uniform.

### **TOURNAMENT RULES:**

All Black Belt instructors/trainees/junior trainees/students that are qualified to judge are required to have a copy of the tournament rules. Copies of the H.T.F. Tournament Rules will be sent to all schools/clubs prior to the H.T.F. Nationals. All school/club owners are responsible for distributing the tournament rules.

**Forms:** Due to the new teaching concept used by many of the H.T.F. schools/clubs referred to as a "rotating curriculum", color belts may compete with any form within their skill level. Example: **Beginners** (white, low and high-yellow). **Intermediate** (low and high-green, low and high-blue). **Advanced** (low and high-red, red/black). There will be no need to ask which form they will be doing. Black Belt competitors may do any of their three required forms. Black Belts that have not had the opportunity to learn the new required forms may compete with either or their previous forms.

**One-Steps:** Rules referring to the "rotating curriculum" also apply in the one-step sparring divisions. Additionally, students may do one-steps in any numerical order.

**Free Sparring:** Low and high-yellow belts have the option of competing in one-step sparring of free sparring. They may compete in only one of the two.

### **PADDED WEAPONS COMPETITION:**

Padded weapons competition rules and requirements have been sent to each H.T.F. school. Additional copies will be provided at the tournament. Only approved weapons and helmets with face shields will be allowed. Competitors may wear Taekwondo uniform pants or warm-up pants and t-shirts. Uniform tops and belts are not required. Optional equipment is listed in the competition rules. It is highly recommended that competitors purchase their own helmets and padded weapons through their school. Extra equipment will be provided at the tournament. Winners will receive gold, silver, and bronze medals. There is only one 3<sup>rd</sup> place. Divisions will be determined by skill level, size, and age.